



4<sup>th</sup> September 2023

## Academic Year 2023-2024

	<b>Autumn Term 2023</b>
<b>September</b>	
Monday 4 <sup>th</sup>	<b>INSET DAY - SCHOOL CLOSED TO PUPILS</b>
Tuesday 5 <sup>th</sup>	<b>School Opens to Pupils - no after school clubs first week</b>
Monday 11 <sup>th</sup>	Lions Sailing ~ am yr5; pm yr6
Wednesday 13 <sup>th</sup>	Zebras trip to Truro Museum
Tuesday 19 <sup>th</sup>	<b>INSET DAY - SCHOOL CLOSED TO PUPILS</b>
Friday 22 <sup>nd</sup>	Jeans 4 Genes Day - your child can wear jeans to school for a donation of £1 which goes towards the charity that supports children with genetic conditions
Monday 25 <sup>th</sup>	Lions Sailing ~ am yr5; pm yr6
<b>October</b>	
Monday 2 <sup>nd</sup>	Lions Sailing ~ am yr5; pm yr6
Monday 11 <sup>th</sup>	Lions Sailing ~ am yr5; pm yr6
Monday 16 <sup>th</sup>	High Five Netball @ The Roseland Academy (team from yrs 5&6)
Friday 20 <sup>th</sup>	<b>INSET DAY - SCHOOL CLOSED TO PUPILS</b>
Monday 23 <sup>rd</sup> - Friday 27 <sup>th</sup>	Autumn Half Term
Tuesday 31 <sup>st</sup>	<b>Tempest Individual Photos</b>
<b>November</b>	
Monday 6 <sup>th</sup>	NSPCC Workshops - years 5-6 & 2
Wednesday 22 <sup>nd</sup>	St Austell Festival of Speech opens
<b>December</b>	
Wednesday 6 <sup>th</sup>	Christmas Dodgeball @ Roseland Academy (team from yrs 4,5&6)
Tuesday 19 <sup>th</sup>	Last day of Term
	<b>Spring Term 2024</b>
<b>January</b>	
Thursday 4 <sup>th</sup>	First day of Term
Wednesday 24 <sup>th</sup>	Cross Country @ Roseland Academy
<b>February</b>	
Monday 12 <sup>th</sup> - Friday 16 <sup>th</sup>	Spring Half Term
<b>March</b>	
Friday 22 <sup>nd</sup>	FunFest @ Roseland Academy ~ am team from yrs 1,2&3 pm team from yrs 4,5&6
Thursday 28 <sup>th</sup>	Last Day of Spring Term
<b>April</b>	
Monday 15 <sup>th</sup>	First day of Summer Term
<b>May</b>	
Wednesday 1 <sup>st</sup>	Benchball @ The Roseland (team from yrs 5&6)

Tuesday 7 <sup>th</sup>	INSET DAY - SCHOOL CLOSED TO PUPILS (TBC)
Wednesday 15 <sup>th</sup>	am ~ Year 5 Junior Lifeskills at St Austell Fire Station pm ~ Dance @ Roseland Sportshall - (Team from years 4, 5 & 6)
Monday 27 <sup>th</sup> - Friday 31 <sup>st</sup>	Summer Half Term
<b>June</b>	
Wednesday 19 <sup>th</sup>	6 a side Football @ St Mawes Football Club
<b>July</b>	
Monday 1 <sup>st</sup>	INSET DAY - SCHOOL CLOSED TO PUPILS
Wednesday 10 <sup>th</sup>	Athletics @ The Roseland (team from years 4,5&6)
Wednesday 24 <sup>th</sup>	Last day of Summer Term

## **Parking and Voluntary One-Way System**

**As parking is very limited at school we have, for several years, used a voluntary one-way system to try and ease the congestion in the morning and afternoon. The idea is for everyone to come through the village and drop off and pick up children with the school on the left of their cars, then proceed down Crooked Lane back onto the Gorran road. This should keep a smooth flow of traffic in front of school in one direction. Please remember to park only on the school side of the road - preferably in the lay-by and not to park in front of the school car park entrance. Please also be aware that parking too close to the junction makes visibility poor. I know that parking can be difficult but if everyone continues to be considerate and aware of the importance of the children's safety I am sure that problems will be reduced.**



**Breakfast Club** is open from 8am so if you need to drop your child at school before 8.45am please come to the hall. The costs are:

- ~ with Breakfast - £3 (£2 for siblings)
- ~ without Breakfast - £2 (£1.50 for siblings)

## CORNWALL MUSIC SERVICE TRUST ~ Music for One & All

[www.cornwallmusicservicetrust.org](http://www.cornwallmusicservicetrust.org)

Tel: 01872 246043

From year 3 upwards pupils can learn a musical instrument at school. Outside tutors from the Cornwall Music Service Trust come into school and deliver lessons. At present there are guitar, woodwind, piano and drum lessons taking place. If your child is interested in taking lessons, please use the website above to enquire and to find the cost of these lessons.





Autumn/Winter 2023/2024:  
4/9, 25/9, 14/10, 13/11, 4/12, 8/1, 28/1

# LUNCH WEEK 1 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	<b>MAIN EVENT</b>	Chicken & Vegetable Meatballs in Tomato Sauce with Pasta Twirlers	Mild Chicken Curry with Whole Grain Rice	Sausages with Mashed Potatoes and Gravy	BBQ Drizzle Pizza with Baked Potato Wedges	Golden Fish Fingers or Salmon Fingers with Chips
	<b>MEAT-FREE MAGIC</b> Vegetarian Dish	Sweet Chilli Vegetable Stir Fry with Whole Grain Rice	Cheesy Broccoli Pasta Bake	Homemade Cheese and Leek Sausages with Mashed Potatoes and Gravy	Tarka Dhal Curry (Veggie Lentil Curry) with Whole Grain Rice	Pizza Margherita with Chips
	<b>RAINBOW ALLEY</b> Vegetables and Salads	Mixed Salad	Green Beans	Broccoli	Peas	Baked Beans
	<b>PASTA TWIRLER</b> Topped Pasta		<i>Daily salad bowl and freshly baked bread available every day</i>			
	<b>BIG TOPPING</b> Filled Jacket		<b>Hot Pasta topped with Homemade Tomato Sauce</b>			
	<b>DESSERT TROLLEY</b> Pudding		<b>Crispy Skin Jacket Potatoes</b> with Cheese or Beans			
		Toffee Sponge and Custard	Jelly & Fruit Slices	Tropical Pineapple Crumble and Custard	Orange Cookie	Vanilla Ice Cream
			<i>Cut fruit, yoghurt and jelly available every day</i>			

# LUNCH WEEK 2 MENU



## MAIN EVENT

**MONDAY**  
All Day Breakfast Brunch  
Sausage, Egg, Hash Brown and Beans

**TUESDAY**  
Pizza Margherita with Baked Potato Wedges

**WEDNESDAY**  
Minced Beef and Onion Pie with Mash

**THURSDAY**  
Chicken Chow Mein (Noodles)

**FRIDAY**  
Golden Fish Fingers with Chips



## MEAT-FREE MAGIC Vegetarian Dish

All Day Veggie Breakfast Brunch  
Veggie Sausage, Egg, Hash Brown and Beans

Golden Vegetable Fingers with Baked Potato Wedges

Super Veggie Pie Vegetable, Lentil and Onion Pie with Mash

Mexican Bean Wrap with Whole Grain Rice

Cheesy Sweetcorn Pizza with Chips



## RAINBOW ALLEY Vegetables and Salads

Baked Beans

Green Salad

Carrots

Sweetcorn

Baked Beans

*Daily salad bowl and freshly baked bread available every day*



## PASTA TWIRLER Topped Pasta

**Hot Pasta topped with Homemade Tomato Sauce**



## BIG TOPPING Filled Jacket

**Crispy Skin Jacket Potatoes**  
with Cheese or Beans



## DESSERT TROLLEY Pudding

Banana Sponge Cake and Custard

Jammy Crumble Bars

Apple Crumble and Custard

Orange Jelly

Vanilla Ice Cream

*Cut fruit, yoghurt and jelly available every day*

# LUNCH WEEK 3 MENU



## MAIN EVENT

**MONDAY**  
Hot Dog with Baked Potato Wedges

**TUESDAY**  
Tomato & Roasted Vegetable Pasta Bake

**WEDNESDAY**  
Roast Gammon with Roast Potatoes and Gravy

**THURSDAY**  
**Pizza Day!**  
Veggie Supreme Pizza with Baked Potato Wedges

**FRIDAY**  
Golden Fish Fingers with Chips



## MEAT-FREE MAGIC Vegetarian Dish

Vegetarian Shepherd's Pie

Mixed Vegetable Korma with Whole Grain Rice

Baked Mac n Cheese

BBQ Drizzle Pizza with Baked Potato Wedges

Golden Vegetable Fingers with Chips



## RAINBOW ALLEY Vegetables and Salads

Green Beans

Broccoli

Carrots

Peas

Baked Beans

*Daily salad bowl and freshly baked bread available every day*



## PASTA TWIRLER Topped Pasta

**Hot Pasta topped with Homemade Tomato Sauce**



## BIG TOPPING Filled Jacket

**Crispy Skin Jacket Potatoes**  
with Cheese or Beans



## DESSERT TROLLEY Pudding

Watermelon Wedge

Chocolate Crunch and Custard

Oaty Apple Crunch Slice

Strawberry Jelly

Vanilla Ice Cream

*Cut fruit, yoghurt and jelly available every day*