



27<sup>th</sup> September 2024

**Academic Year 2024-2025**

	<b>Autumn Term 2024</b>
<b>September</b>	<b>Giraffes Bike Week</b>
Monday 30 <sup>th</sup>	Sponsored Read starts Sailing @ Percuil - Yr 6am; Yr 5pm
<b>October</b>	
Thursday 3 <sup>rd</sup>	Change of menu - please see below
Friday 4 <sup>th</sup>	Elephants ~ Cornish Pirate Rugby Training - am Usborne Book Fair 3.30pm
Monday 7 <sup>th</sup>	Sailing @ Percuil - Yr 6am; Yr 5pm
Wednesday 9 <sup>th</sup>	Netball Festival @ The Roseland - pm (9xYr 5&6)
Friday 11 <sup>th</sup>	Elephants ~ Cornish Pirate Rugby Training - am
Monday 14 <sup>th</sup>	Assessment Week Sailing @ Percuil - Yr 6am; Yr 5pm
Tuesday 15 <sup>th</sup>	Tempest Individual Photos pm - please note change of date
Wednesday 16 <sup>th</sup>	Par Cross Country
Friday 18 <sup>th</sup>	Elephants ~ Cornish Pirate Rugby Training - am PTA ~ Halloween Silent Disco
Monday 21 <sup>st</sup>	Parental Consultation week (times to be confirmed) Sailing @ Percuil - Yr 6am; Yr 5pm
Tuesday 22 <sup>nd</sup>	PTA Rummage Sale - 3pm
Thursday 24 <sup>th</sup>	Bags2School collection 9am
Friday 25 <sup>th</sup>	<b>INSET DAY - SCHOOL CLOSED TO PUPILS</b>
Monday 28 <sup>th</sup> October- Friday 1 <sup>st</sup> November	Autumn Half Term
<b>November</b>	
Friday 8 <sup>th</sup>	Zebras ~ Cornish Pirate Rugby Training - am
Wednesday 13 <sup>th</sup>	Par Cross Country
Friday 15 <sup>th</sup>	Zebras ~ Cornish Pirate Rugby Training - am
Friday 22 <sup>nd</sup>	Zebras ~ Cornish Pirate Rugby Training - am
Friday 29 <sup>th</sup>	Zebras ~ Cornish Pirate Rugby Training - am
<b>December</b>	
Wednesday 4 <sup>th</sup>	Par Cross Country
Friday 6 <sup>th</sup>	Zebras ~ Cornish Pirate Rugby Training - am PTA Christmas Fair pm
Tuesday 10 <sup>th</sup>	am - PTA Christmas Present Wrapping
Friday 13 <sup>th</sup>	PTA Christmas Silent Disco pm
Monday 16 <sup>th</sup>	Christmas Party Day
Thursday 19 <sup>th</sup>	Christmas Concert @ St Goran Church (TBC)
Friday 13 <sup>th</sup>	Zebras ~ Cornish Pirate Rugby Training - am
Friday 20 <sup>th</sup>	Last day of Autumn Term
<b>January</b>	<b>Spring Term 2025</b>
Monday 6 <sup>th</sup>	First day of Term
Friday 10 <sup>th</sup>	Lions ~ Cornish Pirate Rugby Training - am

Wednesday 15 <sup>th</sup>	Par Cross Country
Friday 17 <sup>th</sup>	Lions ~ Cornish Pirate Rugby Training - am
Friday 24 <sup>th</sup>	Lions ~ Cornish Pirate Rugby Training - am
Friday 31 <sup>st</sup>	Lions ~ Cornish Pirate Rugby Training - am
<b>February</b>	
Wednesday 5 <sup>th</sup>	Par Cross Country
Friday 7 <sup>th</sup>	Lions ~ Cornish Pirate Rugby Training - am
Friday 14 <sup>th</sup>	Lions ~ Cornish Pirate Rugby Training - am
Monday 17 <sup>th</sup> - Friday 21 <sup>st</sup>	Spring Half Term
<b>April</b>	
Friday 2 <sup>nd</sup>	Last day of Spring Term
	<b>Summer Term 2025</b>
<b>Tuesday 22<sup>nd</sup></b>	<b>First Day of Term</b>
<b>May</b>	
<b>Monday 5<sup>th</sup></b>	Bank Holiday
Monday 12 <sup>th</sup>	SATs week for year 6s
Monday 26 <sup>th</sup> - Friday 30 <sup>th</sup>	Summer Half Term
<b>June</b>	
Wednesday 21 <sup>st</sup>	Junior Life Skills - yr 5 (pm)
Friday 27 <sup>th</sup>	<b>INSET DAY - SCHOOL CLOSED TO PUPILS</b>
Monday 30 <sup>th</sup>	<b>INSET DAY - SCHOOL CLOSED TO PUPILS</b>
<b>July</b>	
Wednesday 23 <sup>rd</sup>	Last day of Summer Term

## ★ Gorran Stars of the Week ★

Giraffes ~ Tabby  
 Elephants ~ Bea  
 Zebras ~ Luna  
 Lions ~ Elsie

## PHSE Award Being thoughtful

Giraffes ~ Jersey Rae  
 Elephants ~ Oscar  
 Zebras ~ Bea  
 Lions ~ Zara



## DIY SOS - IMPORTANT

Unfortunately the weather forecast for Sunday is awful so DIY SOS has been postponed. A new date will be announced soon.

**Skipping workshops** - all the children took part in skipping workshops on Wednesday and they thoroughly enjoyed themselves. The company, Skipping Workshops were selling skipping ropes after school but if you did not have the opportunity to buy one their website is: [www.skipping-workshops.co.uk](http://www.skipping-workshops.co.uk).



**Special menu - Thursday 3<sup>rd</sup> October 2024**





Cornwall Partnership  
NHS Foundation Trust

Come and join us  
at our **FREE Wild  
Wellbeing  
sessions**

Join Us for a **FREE Wild Wellbeing Outdoor Session** during  
the **October Half-Term!**

MHST invites parents and carers along with their primary  
aged children (ages 5-11) to participate. No mental health  
concerns are necessary to join; the sessions will  
emphasise the Five Ways to Wellbeing through engaging  
nature-based activities.


Please ensure to register **EACH** child for a session below.

In collaboration with Natural England

**Monday 28th October - Goss Moor**  
**Tuesday 29th October - Golitha Falls**  
**(with a Halloween theme)**  
**Sessions at 10am or 1pm**

**Each session will last approx. 2 hours**

Limited spaces available, book early to avoid disappointment

To request a place,  
complete the online form  
[HERE](#) or scan the QR code  
provided: 



NEXUS  
Trevu Road,  
Camborne  
TR14 7AD

# NEXUS MASTERCLAS

## STEM

THURS 24 OCT. 3.45PM TO 5.30PM

FOR YEAR 6 STUDENTS

### MATHS

Use your powers of logic and deduction to help us solve a challenging mathematical question.

### SCIENCE

Marvel at the wonder of science and be astounded with experiments!

### COMPUTER SCIENCE

Can you create program code to enable a flying drone to beat the assault course?



NEXUS

To register for a Masterclass place, please visit [nexuscsia.co.uk/masterclasses](https://nexuscsia.co.uk/masterclasses)  
nexuscsia.co.uk | Follow us @nexus.csia

NEXUS  
Trevu Road,  
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TR14 7AD

# NEXUS MASTERCLAS

## LIBERAL ARTS

WED 16 OCT. 3.45PM TO 5.30PM

FOR YEAR 6 STUDENTS

### LANGUAGES

Learn to count to 10 in German! You'll learn characters, tones, a rap and a game.

### HISTORY

What has the Ancient World done for us? Do Ancient Civilisations still have an impact on our modern world?

### ENGLISH

Learn how to take a reader on an exhilarating journey – full of twists and turns – with this creative writing session.



NEXUS

To register for a Masterclass place, please visit [nexuscsia.co.uk/masterclasses](https://nexuscsia.co.uk/masterclasses)  
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# SPACE

## Supporting Parents And Children Emotionally

**SPACE** is a **FREE** programme for **any parent or carer** who wants to better understand and support their children's emotions, as well as their own.

### This 5 week **ONLINE** workshop will cover:

- Understanding what is meant by a Trauma Informed approach
- Understanding toxic stress and the flight/fight response
- Practical approaches to support children to regulate their emotions
- Healthy coping strategies for dealing with stress
- Managing different emotions
- Understanding behaviour
- Building resilience in ourselves and our children
- Adopting appropriate expectations of children
- Enhancing your ability to provide nurturing care

### MHST has an available upcoming programme beginning:

**Monday 4th November 2024 at 10am**



To request a place, complete the online form [HERE](#) or scan the QR code provided:



**These courses are for parents/carers of children 5-11 yrs only**  
**Spaces are limited, if you cannot attend, please notify us ASAP - 01726 873204**

HEADSTART  
KERNOW



CORNWALL  
COUNCIL  
one and all • one together

Together  
for Families

COMMUNITY  
FUND

SPACE - <https://forms.office.com/e/qFxfQicqxe>



**Parents and Carers -**  
please join us at our  
**Online Parent Led CBT**  
workshop

Parent-led cognitive behavioural therapy (CBT) is a psychological intervention in which parents and carers are supported in applying CBT principles in their child's day-to-day life.

This is a 6-week online program with a break on week 4; sessions resume on week 5.

**MHST has an available upcoming workshop beginning:**  
**Monday 4th November 2024 at 10am**

To request a place, complete the online form [HERE](#) or scan the QR code provided:



**Parents/Carers need to access "Helping your child with fears and worries" by Cathy Creswell and Lucy Willetts available from various platforms/bookstores or school.**



This workshop is open to parents/carers of children enrolled in Reception to Yr6 in a Mid Cornwall School



# SEP/OCT TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each

Book online at [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)

<b>FREE SESSIONS</b>	
<b>Supporting Kids with School Anxiety</b> <b>Introduction to Facing Defiance</b>	<b>26 SEP</b> <b>24 OCT</b>
Understanding Anger	23 SEP
Supporting a Child with ADHD	24 SEP
Understanding the Teenage Brain	7 OCT
Raising Self-Esteem	8 OCT
Decreasing Depression	15 OCT
Anxiety Explained	17 OCT
Understanding Anger	21 OCT
Drug Awareness for Parents	22 OCT
Autism: Improving Communication	28 OCT
Introduction to OCD	29 OCT
Understanding Addictive Behaviour	31 OCT
Improving Family Communication	4 NOV
Raising Self-Esteem	5 NOV

[facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)

[info@facefamilyadvice.co.uk](mailto:info@facefamilyadvice.co.uk)